

## **The Food Offering Prayer**

**TÖN PA LA MED SANGYÉ RINPOCHE**

Supreme teacher, the precious buddha,

**KYOB PA LA MED DAMCHÖ RINPOCHE**

Supreme protector, the precious dharma,

**DREN PA LA MED GEDÜN RINPOCHE**

Supreme leader, the precious sangha,

**KYAB NÉ KÖN CHOG SUM LA CHÖD PA BUL**

We make offerings to the objects of refuge, the triple gem.