## Vajrasattva Hundred Syllable Mantra

Palyul Nam Cho Version

Om Benza Sato Samaya Manupalaya

Om Vajrasattva, keep your vows

Benza Sato Te No Pa

Vajrasattva, reside in me

Tisthra Dridho Me Bhawa

Become strong within me

Suto Khayo Me Bhawa

Be well satisfied with me

Anurakto Me Bhawa

Be loving towards me

Supo Khayo Me Bhawa

Increase wisdom in me

Sarwa Siddhi Me Prayatsa

Bestow on me all powers

Sarwa Karma Sutsa Me

**Chittam Shriyam Kuru Hung** 

And a virtuous mind in all actions

Ha Ha Ha Ho

(this line represents four kinds of bliss)

**Bhagawan Sarwa Tathagata Hridaya** 

Blessed One. Heart essence of all the Buddhas

## **Benza Ma Me Muntsa**

Do not abandon me

## Benzi Bhawa Maha Samaya Sato Ah!

Oh Great Being of Vows, may I become like you, inseparable from the wisdom of non-duality.