

Khenpo Sonam leads AMITABHA & PHOWA practice (online)

Date: January 28, 2021 (Thursday)

From: 7:00 PM **To:** 8:30 PM

Description

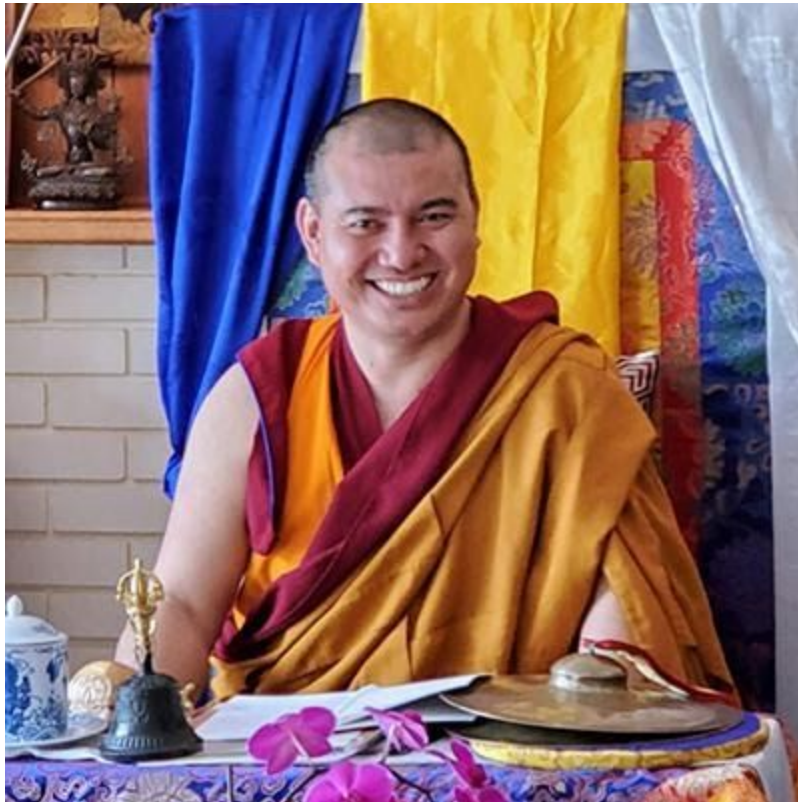
Meditational deity practice on the Buddha Amitabha who is particularly associated with the clear light of liberation that dawns when one recognizes the true nature of one's own mind. This subtlest manifestation of mind arises also at death and is known as the clear light of death.

Liturgy for our practices is available here - please note that these texts are not public, so please be mindful about sharing. [Liturgy](#)

All our sessions are accessible using this Zoom link: [Zoom](#)

Meeting ID: 759 5924 8584 passcode 'Lama'

Teacher: Khenpo Sonam - Resident Teacher



Khenpo Sonam is a fully trained Khenpo (Doctor of Buddhist Philosophy) in the Nyingma Palyul tradition. He completed the rigorous nine-year program covering

Higher and Lower Sutra and Tantra teachings at Ngagyur Nyingma Institute (NNI), the prestigious monastic university of Namdroling monastery in South India. He received full ordination from the late Holiness Pema Norbu Rinpoche as well as many empowerments including the entire Rinchen Terdzod (Collection of Revealed Treasures) empowerments as well as a rare empowerment entitled Dowang Drangtsi Chugyün (Empowerment of the Sutra that Gathers the Enlightened Intentions called the Stream of Honey). Further, from HH Penor Rinpoche, Khenpo Sonam has received instruction in Tsa Lung, the secret energy yoga practice from the Namcho cycle as well as instruction on Dzogchen (Great Perfection). Since 2006, Khenpo Sonam has been teaching Shedra (Buddhist Philosophy) classes at Namdroling monastery.

Venue: Ottawa Palyul Dharma Centre
Ottawa Palyul Dharma Centre
(Palyul Dhonyag Shedrup Ling)

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