

Khenpo Sonam leads VAJRAKILAYA (online)

Date: January 12, 2021 (Tuesday)

From: 7:00 PM **To:** 8:30 PM

Description

Meditational deity practice of the wrathful manifestation Vajrakilaya, the main Nyingma deity that dispels harmful beings and negative circumstances, creating beneficial conditions for Dharma practice and the path to enlightenment.

Liturgy for our practices is available here - please note that these texts are not public, so please be mindful about sharing. The Vajrakilaya practice is part of the Namcho Daily Practice text: [Liturgy](#)

All our sessions are accessible using this Zoom link: [Zoom](#)

Meeting ID: 759 5924 8584 passcode 'Lama'

Teacher: Khenpo Sonam - Resident Teacher



Khenpo Sonam is a fully trained Khenpo (Doctor of Buddhist Philosophy) in the Nyingma Palyul tradition. He completed the rigorous nine-year program covering Higher and Lower Sutra and Tantra teachings at Ngagyur Nyingma Institute (NNI), the prestigious monastic university of Namdroling monastery in South India. He received full ordination from the late Holiness Pema Norbu Rinpoche as well as many

empowerments including the entire Rinchen Terdzod (Collection of Revealed Treasures) empowerments as well as a rare empowerment entitled Dowang Drangtsi Chugyün (Empowerment of the Sutra that Gathers the Enlightened Intentions called the Stream of Honey). Further, from HH Penor Rinpoche, Khenpo Sonam has received instruction in Tsa Lung, the secret energy yoga practice from the Namcho cycle as well as instruction on Dzogchen (Great Perfection). Since 2006, Khenpo Sonam has been teaching Shedra (Buddhist Philosophy) classes at Namdroling monastery.

Venue: Ottawa Palyul Dharma Centre
Ottawa Palyul Dharma Centre
(Palyul Dhonyag Shedrup Ling)

58 Lindhurst Crescent
Ottawa, ON K2G 0T7
Canada